

#SustainabilityAtLincoln

A very merry sustainable Christmas

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One change will make a difference

Sustainable Advent Calendars

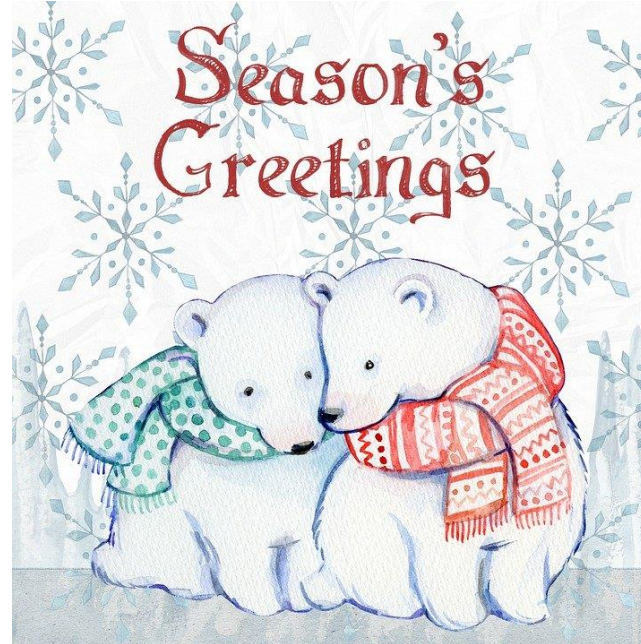


Reversible Advent Calendars – Lincoln Food bank

Christmas Cards

Donate to charities or buy
charity cards

Avoid – glitter, foil or shiny cards



Create your own e-cards:

- Use Canva.com to create your own
- Download a free card app to send e-cards

Which Christmas Tree is the most sustainable?

- A. Real tree that is chipped after
- B. House plant with LED lights
- C. Potted tree with roots to continue growing throughout the year
- D. Plastic tree

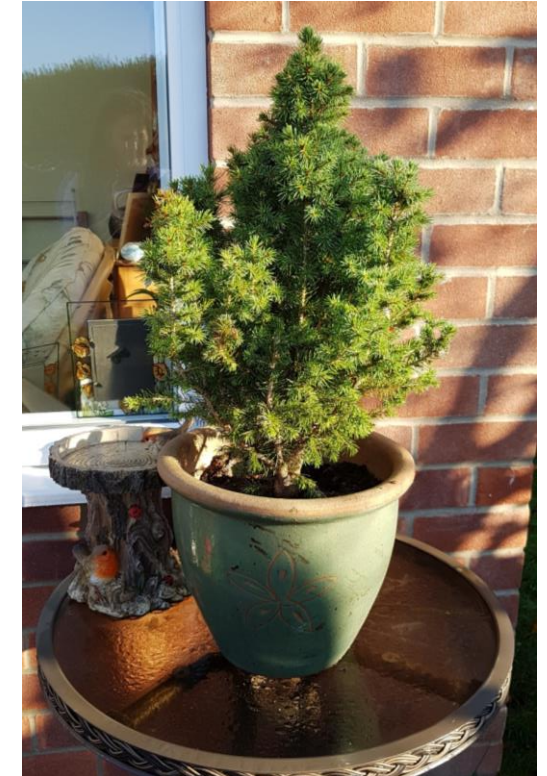
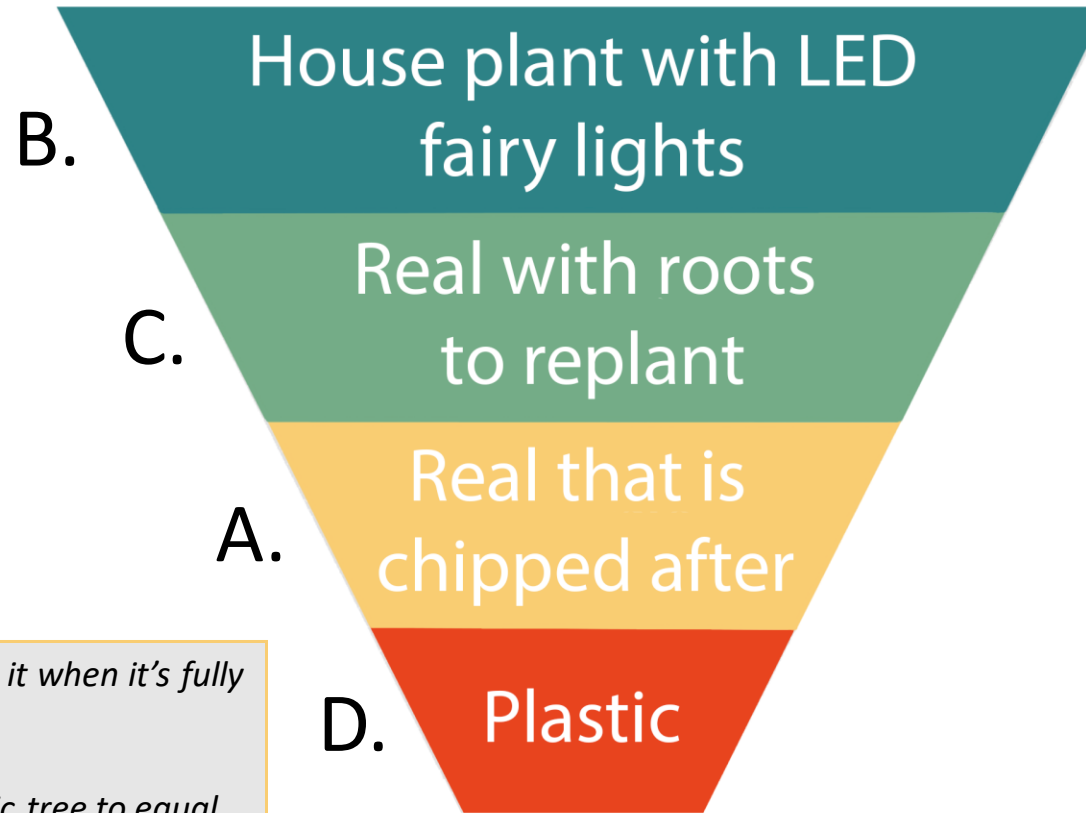
Which Christmas Tree is the most sustainable?

Did you know?

Some nurseries will rent you a tree each year, and the following year you can either re-rent it or rent another!

If you own a plastic tree, only replace it when it's fully on its last legs.

It takes roughly 10 years for a plastic tree to equal the carbon footprint of a real tree that is thrown out each year.



Tracey's reusable 'live' Christmas tree.



LED lights use 80-90% less energy than standard bulbs and generally last 100,000 hours verses 3000 of standard bulbs



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Secret Santa



Great for raising spirits, but do have a lot of single use plastic and waste.

- Simply say “I don’t want to be involved.”
- Create sustainable rules:
 - Make it wearable, edible or usable
 - You can only buy items from charity shops
 - Has to be home made

An item-less gift?

- Meal out together
- Trip to the cinema
- Voucher to babysit!
- Day out at the seaside
- Afternoon tea
- Beauty therapy – massage, nails etc
- Sporting event
- Gift vouchers



Shopping Local / Ethically

- Eco Shops in Lincoln
 - Forage and Fill
 - Eco Pantry – opening soon
 - Greens Health Shop
 - Doddington Hall
- Independent shops
- Edible food makers
- Fairtrade items
- Charity shops
- Gifts with minimal/no plastic packaging
- Online crafters / Makers market



Make it

- Bake
- Jams/Chutneys
- Wildflower seeds
- Birdfeeders
- Home brews
- Photobooks



*Photo from a stall at the Plastic Free Lincoln –
Plastic Free Christmas event in 2019*



Plastic free wrapping

- Use fabric scraps
- Children's artwork
- Wallpaper
- Gift bag/box – put a card inside saying who it's too/from so it can be reused
- A new bag for life
- Newspaper
- Plain paper
- Brown paper
- Tissue paper
- Blanket/scarf
- Last year's calendar pages
- A basket

Tying it up

Ribbon

Twine

Wool

Other natural fibres

Paper tape

Decorating it

Leaves

Berries

Christmas Stamps

Paper stars



Photo from: <https://stayglam.com/life/18-brown-paper-christmas-gift-wrapping-ideas/>



Waiting for Father Christmas

- Elf on the Shelf
 - Set challenges/games/chores for the children to do
 - Make a new decoration
 - Solve riddles
- Reindeer food
 - Try
 - Bird seed
 - Wildflower seeds
 - Cat biscuits
 - Avoid
 - Glitter
 - Raisins
 - Anything poisonous to animals

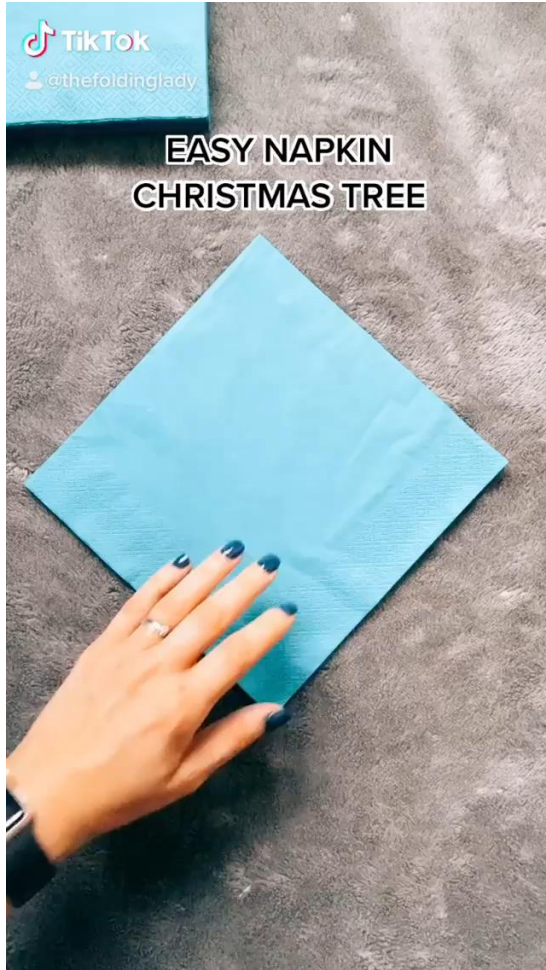


A Tasty Festive Season



Is traditional best?

Festive Sustainable Table Decorations



- TikTok
- Instagram
- Pinterest



Post Christmas Clear-out

- Dispose of your Christmas Tree – St Barnabas collections.
- Recycle cards
 - Cut them up for next years labels
 - Take to collection points in supermarkets
 - Recycle bins



To regift, or not to regift?

- A. Happy to regift
- B. Donate to charity
- C. Hide it away until the 'giver' visits
- D. Throw it away

After polling on twitter and in the group, it concluded that most people would be happy to either re-gift or donate an item to charity if it was unneeded/unwanted.



Happy Christmas!